

Early Help for Children and Families Saint Ambrose Catholic Primary School What is Early Help?

At Saint Ambrose Catholic Primary School we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case please come and talk to us. We believe an ethos of Early help is essential and the 'Offer' is for all children and their families. Support can be provided in many ways to prevent concerns from growing.

Key Personnel:

The Designated Safeguarding Lead (DSL) is: Mrs Emma Brocklesby

Contact details: ebrocklesby@st-ambrose.worcs.sch.uk Telephone:01562 823568

The deputy DSL(s) is/are: Mrs Sarah Laskey

Contact details:slaskey@emmausmac.com

Telephone: 01562 823568

The deputy DSL(s) is/are: Miss Lorainne Brewer

Contact details: lbrewer@emmausmac.com

Telephone: 01562 823568

The nominated safeguarding governor is: Dr David Gillett

Contact details: dgillett@emmausmac.com

Telephone: 01562 823568

The Headteacher is: Mrs Emma Brocklesby

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Telephone: 01562 823568

There are many ways in which we can help as outlined in this offer of early help. In order to support in the right way, we work with you to identify what you are worried about, what is working well and what needs to happen. The information you share with us we will use to form a 'family plan', this will help us to easily identify what other agencies and professionals will be able to support you and your child appropriately.



Early Help is a pathway to supporting your child and you during challenging times.

The diagram above shows the range of needs at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.

Providing early help to our pupils and families at Saint Ambrose Catholic Primary School means we can change a child's developmental path and improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the foundation years through to teenage years.

Keeping Children Safe in Education makes it clear that ALL staff should be aware of their local early help process and understand their role in it. In addition, this statutory document makes it clear that any child may benefit from early help, but all school and college staff should be particularly alert to the potential need for early help for a child who:

- Is disabled and has specific additional needs;
- Has special educational needs (whether or not they have a statutory education, health care plan);
- Is a young carer;

- Is showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups;
- Is frequently missing/goes missing from care or from home;
- Is misusing drugs or alcohol themselves;
- Is at risk of modern slavery, trafficking or exploitation;
- Is in a family circumstance present challenges for the child; such as substance abuse, adult mental health problems or domestic abuse;
- Has returned home to their family from care;
- Is showing early signs of abuse and/or neglect; Is at risk of being radicalised or exploited; Is a privately fostered child.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

Our aim at St Ambrose is to help children and families as early as possible, as soon as an issue arises. Our approach includes prevention as well as intervention, where necessary and appropriate.

We have created a graduated approach, as follows:

Stage 3: Where difficulties are more complex or can't be addressed with a straightforward in-school action, we will formulate a Family Plan, which may involve a range of different agencies and will be reviewed regularly.

Stage 2: In addressing your concerns we will talk about what is worrying you and your child; what is working well; what needs to happen. In most cases this can lead directly to in school action or a referral to another agency to address the concern. We will keep talking to you to check how things are going.

Stage 1:The most important element of our Early Help Offer is our open door policy. Staff are
happy to talk to parents, almost always on the same day. Come and speak to us about any concern
that you have. If you want to discuss something more privately, phone the school office.MrsBrocklesby(Principal), Vice Principal, SENCO and class teachers are all more than happy to make
appointments to discuss your concerns.

Training

All staff at St Ambrose have regular and timely training on a range of issues that are relevant to local, national or international issues and concerns. We are trained to be vigilant but also to be sensitive and discreet.

We know that if we are concerned about a child or family we take our concerns to the DSL (Designated Safeguarding Lead) or one of the DDSLs (Deputy

Designated Safeguarding Leads) who are trained and experienced in dealing with such concerns.

All staff take part in annual school training, which contributes to the coordinated approach to safeguarding in our school.

We have staff who are trained and have specific areas of expertise.

- Our safeguarding leads can give advice and support to staff and families and are able to signpost to other agencies for further support
- We have a Nurture Practitioner (Higher Level Teaching Assistant HLTA), who works with groups of children and individuals to develop, for example, social interactions, confidence and self-esteem, behaviour or to compliment the work of other professionals.
- Our Head of School and Early Years and Key Stage One Leader are also our Deputy Safeguarding Leads which helps to provide a co-ordinated approach to early help in school

Saint Ambrose Catholic School's offer of Early Help is outlined in the table below. Providing early help is more effective in promoting the welfare of children than reacting later.

Effective early help relies upon local organisations and agencies working together therefore we liaise with other agencies and people within the local community. In the table below are some National and local organisations that can support children, young people and their families

Assessing learning including Special Educational needs (SEN)	All staff are available to discuss pastoral issues. In the first instance, parents should approach their child's class teacher. Support is offered by class teachers and teaching assistants, and senior leaders where appropriate, to ensure that every child can achieve and succeed. Where children have an identified SEN, parents will have regular reviews with class teachers, of targets and provision. The school's SENDCo is available to meet with parents to discuss children's needs. Our curriculum and day to day provision is designed to meet the needs of children as individuals and to enable them to thrive in the community. Children receive PHSE lessons throughout Reception to Year 6. These teach our children to handle their emotions and how to stay safe in the physical and online world. Our policies also promote positive outcomes for pupils. These include Behaviour, Safeguarding, Anti Bullying and Teaching & Learning policies
	School engages the support of a range of agencies, to provide additional advice around SEN, including Educational Psychologist, Complex Communication Needs team, Learning Support Team and School Nurse. We also refer to other health professionals, such as Speech and Language Team, Occupational Therapy. SENDIASS offers advice for parents of children with SEN.
Nurture Support	1:1 work or group work with a Nurture Practitioner to offer individualised support for any child who may need it.
Reach 4 Wellbeing	A local authority ran workshop for families. Working as a family unit you discuss feelings and emotions, and how you can support each other as a family throughout this journey.
Mental Health Support Team Worker	Working closely with children in the school, we offer individualised support for children based on a range of needs.

CAMHs CAST	CAMHs CAST: We can liaise with this professional body which is a service that sits within Worcestershire CAMHS (Child and Adolescent Mental Health Services). They work directly with young people
	experiencing or at risk of experiencing mental health difficulties. The service offers consultation, advice, support and training which can be specifically tailored to suit the professional seeking the service.

School Attendance Officer and Support from Attendance Team	Every child whose attendance is below 96% are carefully monitored and support offered wherever possible, utilising the skills of the Educational welfare officer where appropriate. Formal attendance meetings are held and improvements recognised.
Prevent	Prevent Trained Staff: All staff have completed the Channel online training, certificates are filed in the safeguarding file. This is now also part of the induction process for new staff.
CSE	Child Sexual Exploitation: All staff have been trained through the whole school safeguarding training delivered annually, and are able to identify early indicators of potential cases of child sexual exploitation. We also teach children the NSPCC "Pants" rule: <u>Talk PANTS & Join Pantosaurus - The Underwear Rule</u> <u>INSPCC</u>
FGM	Female Genital Mutilation: All staff have received training on FGM. Teachers know how to identify if a child may be at risk. There are aware of the countries and places within this country where children may be taken to for this to happen. They know the signs to look for and most importantly how to refer, following the schools safeguarding procedures.

PSHE	<u>PSHE Programme:</u> This supports the children's understanding of how to keep themselves safe. It also broadens their understanding of strategies to develop their resilience, as well as their awareness of their mental health and approaches to keep this aspect of their lives healthy.
	Relationship and Sex Education Saint Ambrose delivers a programme that teaches the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults. This includes the topics of families and the people who care for me, caring friendships, respectful relationships, online relationships and being safe.
Online Safety	Each year group is taught e-safety lessons throughout the year, linking directly with areas of computing they are working on. We have run presentations led by the NSPCC to support children to develop a greater awareness of the dangers they face online each day, as well as strategies to keep themselves safe. Regular

	hints and tips to protect children online, relating to specific areas of interest for children such as Fortnite and Tik-Tok are shared via newsletters. We also celebrate the annual online safety day, by baselining our children and basing the work on the needs of the class – offering targeted online safety support for all children.
	PACE (parents against child exploitation) UK is a useful website to engage parents with safety issues. <u>www.paceuk.info/</u>
	https://www.thinkuknow.co.uk/parents/ - This is the Child Exploitation and Online Protection (CEOP) Centre. It's a one stop shop for most information about online safety.
	https:www.thinkuknow.co.uk/teachers (excellent resources) http://educateagainsthate.com/ - This is the government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this.
	www.internetmatters.org – A great site for helping parents keep their children safe online.
Family Front Door (Worcestershire)	If a member of staff, parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the Family Front Door (FFD) – 01905 822 666 or in an emergency always call 999.
	Do not wait to discuss this with the DSL/DDSL but do report it afterwards.
Starting Well	The Starting Well service has a parenting and community team that can offer on line and telephone support for parents, as well as parenting courses.
	The parenting team can offer 1-1 parenting advice over the phone as well as virtual parenting groups around issues such as support with children's behaviour, anxiety, eating and sleeping routines etc, and can also signpost to agencies that can support parents in their own community. In addition to this the parenting team can also supports parenting to complete Sollihull on line, as well as Birth and Beyond for expectant parent

	Starting Well Partnership Worcestershire Starting Well (startingwellworcs.nhs.uk)
Here 2 Help	Parents can be signposted to community support in their own community so that support is sustainable and bespoke for the families in your school's community.
	http://www.worcestershire.gov.uk/here2help , or call 01905 768053.
Worcestershire	https://www.safeguardingworcestershire.org.uk/
Safeguarding Partnership (WSP) website.	Important information for parents and professionals across Worcestershire in relation to keeping children safe and avenues of support including early help options. Everyone should know how to access this website which has all of the agreed Worcestershire safeguarding and child protection processes on it.
Universal source of help for all families in Worcestershire: Worcestershire Family Information Service (FIS)	Worcestershire Family Information Service (FIS) advisors give impartial information on childcare, finances, parenting and education. FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0-19 years of age (25 for young people with additional needs) and professionals working with these families. They can help link parents up with other organisations that might be able to help or provide the information themselves.
	http://www.worcestershire.gov.uk/info/20507/childcare/ 1 579/family_information_service
Home-school support Worcestershire Home Education Network	Home education is becoming an increasingly popular option for families in Worcestershire and we have a growing community that are able to offer each other support. Between us we have years of experience in educating children of all ages and are able to organise and put on a range of activities.
	We hold meetings usually at least weekly, throughout term time at various locations round the county-for example:
	- Social gatherings occur monthly in Worcestershire for all ages, with both indoor and outdoor games plus organised activities such as climbing/zip-wires/grass sledging for 8+.
	- Monthly meeting in Worcester with games, music and crafts for all ages.

- Monthly social meeting in south Worcestershire, including indoor and outdoor games, group music session and a drama group.
- Bowling or Ice skating most months.
- "Education group" workshops organised regularly. Recent workshops have include: Marvellous Mosaics' 'Gunpowder plot' 'Medieval life', 'Making Music' and 'Creative Writing.
We also meet up with people from neighbouring counties and many of us go along to the national camps and gatherings that are organised by home educators throughout the year.
We have a Worcestershire Home Educators Newsletter (WHEN) that lists all of the activities for the coming month and run a Worcestershire Home Educators Internet support list. Contact us on: info@worcestershire-home-educators.co.uk

Mental Health	We have some useful self-help guides/leaflets available for you to access online. The guides are available for you to read online. The self-help guides can be accessed by typing the below link into your URL and selecting 'Self Help Guides': www.hacw.nhs.uk/atoz/letter-s/ Staying Safe http://stayingsafe.net/
	SANE 0845 767 800 Email: sanemail@org.uk <u>www.sane.org.uk</u>
	Samaritans 116 123 (24 hour helpline) SMS: Text SHOUT to 85258 <u>www.samaritans</u> .org.uk
	Rethink Mental Illness 0300 5000 927 <u>www.rethink.org</u> Mental Health Foundation <u>www.mentalhealth.org.uk</u>
	MIND 0300 123 3393 or text 86463 <u>www.mind.org.uk</u>
	Anxiety UK 08444 775 774 <u>www.anxietyuk.org.uk</u>

Bullying (including cyberbullying)/ Child death/suicide/prevention	Cyberbullying is using the internet, email, online games or any digital technology to threaten, tease, upset or humiliate someone else.
	If the police consider a message or post to be potentially criminal, they will take appropriate action. This could involve arresting the person responsible or interviewing them under caution.
	Cases involving sustained abuse or where someone's life is threatened will be treated seriously. The police will consider all of the circumstances when considering the best response to a report of cyber bullying. They will assess how vulnerable the victim is and what resources are required to trace the offender via social networking sites that often operate abroad and to different legislation. In certain cases it may be difficult to take action if the offender isn't in the UK.
	They will work with the victim to bring about the most suitable and proportionate conclusion, this will include alternative options that include the officer in the case using their discretion and working with the offender to record an apology to the victim.
	Useful links: Bullying UK
	Bullying advice Bullying UK
	Childline Childline Childline
Hate Crime	A hate crime is a criminal offense whose motivation can be shown to be race, national origin, religion or sexual orientation. A difference of race alone is NOT sufficient to make it a hate crime. There would have to be evidence of racial slurs or racial statements in addition to the crime (this does not trivialise other serious offenses that are NOT hate crimes). Hate Crime:
	West Mercia Police: Email: <u>contactus@westmercia.police.uk</u>
	Emergency number: 999 Non- Emergency number: 101 Report online
	to True Vision: https://educateagainsthate.com/parents/ Call in at your local police station

Children with Disabilities Team (CWD)	The Children with Disabilities (CwD) Social Work Team provide services designed to meet the needs of children and young people who have complex disabilities. The CwD Social Work Team is one of a range of services that can provide support to children and young people with disabilities and their families. Other services available are those provided by health, education, play and youth services as well as community resources provided by voluntary agencies. The CwD team offer services to those children and young people requiring additional resources in respect of their disability, where the disability has a profound impact on the child or young person's life. An assessment will be offered where the child has a condition which is substantial, long lasting or permanent, is a physical and/or learning disability or a life limiting, life threatening condition. These may include: • severe learning disabilities • severe developmental delay in motor and or cognitive functioning • profound multiple disabilities • severe sensory impairment (registered blind and/or profoundly deaf) • complex and severe health problems that arise from the disability, that are life threatening, degenerative illness or organic disorder resulting in severe disability • a diagnosis of Autistic Spectrum Condition with an associated learning disability and where the condition severely affects day to day functioning
Domestic Abuse	Here is a very helpful website for what do to in many different difficult situations: http://www.worcestershire.gov.uk/info/20379/dom estic_violence_and_sexual_abuse West Mercia Women's Aid: 0800 980 3331 0800 783 1359 helpline@westmerciawomensaid.org

Child Criminal Exploitation (County Lines)	Here is some guidance for frontline professionals on dealing with county lines, part of the government's approach to ending gang violence and exploitation:
	https://www.gov.uk/government/publications/crimi nalexploitation-of-children-and- vulnerableadultscountylines
	Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. Though perceptions are altering these young people are still often criminalised and perceived as having 'made a choice' to take part in illegal activity.
	https://www.catch-22.org.uk/child-criminalexploitation/ Child Sexual Exploitation (CSE) West Midlands Safeguarding Children Procedures
Fabricated and Induced Illness	Fabricated or induced illness (FII) is a rare form of child abuse. It occurs when a parent or carer , exaggerates or deliberately causes symptoms of illness in the child.
	https://www.nhs.uk/conditions/Fabricated- orinducedillness/

Faith Abuse	Faith and belief-based child abuse, including practices around 'spirit possession' and 'witchcraft', is a hidden crime, which makes it difficult to quantify in terms of magnitude. However, from our own experience and in consultation with communities, we know this kind of abuse is under-reported.
	www.gov.uk/government/publications/national- actionplan-to-tackle-child-abuse-linked-to-faith-or-belief
	 Further contacts for advice can be found from the local representatives for some faiths. An Exploration of Knowledge About Child Abuse Linked to Faith or Belief (2016) National Action Plan to Tackle Child Abuse
	 Linked to Faith or Belief (2012) Safeguarding Children from Abuse Linked to a Belief in Spirit Possession (2007) this good practice guidance is archived but still available. Eleanor Stobart report 2006: Child Abuse Linked
	To Accusations of Possession And Witchcraft (2006)

Honour Based Violence (HBV)	Honour' based violence (HBV) occurs when perpetrators believe a relative or other individual has shamed or damaged a family's or community's 'honour' or reputation (known in some communities as izzat), and that the only way to redeem the damaged 'honour' is to punish and/or kill the individual. 'Honour' based violence is a term that is widely used to describe this sort of abuse however it is often referred to as so called 'honour' based violence because the concept of 'honour' is used by perpetrators to make excuses for their abuse.
	There is a very strong link between 'honour' based violence, forced marriage and domestic abuse. The term 'Honour Based Violence' is the internationally recognised term describing cultural justifications for violence and abuse. Honour Based Violence cuts across all cultures and communities: Turkish, Kurdish, Afghani, South Asian, African, Middle Eastern, South and Eastern European for example. This is not an exhaustive list.
	Where a culture is heavily male dominated, HBV may exist. The police have made it a high priority to help communities fight back to tackle both honour based violence and hate crime.
	The 'Honour Network Help line': 0800 5 999 247

Female Genital Mutilation (FGM)	Female Genital Mutilation (FGM) comprises all procedures involving partial or total removal or the external female genitalia. FGM is illegal in the UK and as of October 2015 mandatory reporting commenced. If education staff or other professionals discovers that an act FGM appears to have been carried out on a girl under 18 years old there is a statutory (legal) duty on teachers for them PERSONALLY to report it to the police.
	Read http://www.nhs.uk/Conditions/femalegenitalmutilation for NHS information and signs of FGM.
	Any suspicion of FGM should be referred to the Police and social care Annalise Price-Thomas (Head of Service) has completed the online home office training, 'Female Genital Mutilation: Recognising and Preventing FGM

	- E-learning package - http://www.fgmelearning.co.uk/ for interested staff or professionals (free home office elearning)
Gang and Youth Violence	https://assets.publishing.service.gov.uk/governme nt/uploads/system/uploads/attachment_data/file/4 18131/Preventing_youth_violence_and_gang_inv olvement_v3_March2015.pdf This is a website for the Youth Violence Prevention Initiative: http://www.worcesterma.gov/youthopportunities/youthviolence-prevention

Gender Based	https://www.gov.uk/government/publications/violenceagainstwomen-
Violence /	and-girls-evidence-digest-january-2018
Violence	and gine evidence digest jandary 2010
	For information about West Mercia Rape and Sexual
Against Women and	Abuse visit: https://www.wmrsasc.org.uk/
	Abuse visit. <u>Imps.//www.winisdsc.org.uk/</u>
Girls	FGM (Female Genital Mutilation) is violence against women and girls. Forced marriage and so called 'Honour' based violence are a violation against human rights and is a high priority area of the national and local Violence Against Women and Girls Agenda. It is, primarily an issue for young women and girls aged between 13 and 30 years.
	Hope House SARC (Sexual Assault Referral Centre): 01452 754390
	www.onyourmindglos.nhs.uk for 'I've been raped or sexually
	assaulted' information
Gender Identity Issues	The Gender Trust is a listening ear, a caring support and an information centre for anyone with any question concerning their gender identity, or whose loved one is struggling with gender identity issues. People who might be Transgender, Transsexual or people who do not identify with the gender they were assigned at birth or those who are simply unsure.
	Address: 76 The Ridgeway, Astwood Bank, B96 6LX Tel: 0845 231 0505
	www.gendertrust.org.uk

Private Fostering	National Fostering Agency (NFA) Call on: 0808 284 9226
	Kinship Care Kinship care means that relatives or friends look after children who cannot live with their parents. Visit this website for more information: <u>http://www.worcestershire.gov.uk/privatefostering</u>

Preventing Radicalisation and Extremism	 www.educateagainsthate.com is the government website providing information and practical advice for parents, teachers and schools leaders on protecting children from radicalisation and extremism. Anti-Terrorist Hotline: Tel 0800 789 321 Home office: counter.extremism@education.gsi.gov.uk. Let's talk about it is an excellent website for parents: www.ltai.info/ as is www.preventtragedies.co.uk While it remains very rare for school age children to become involved in extremist activity to the point of committing criminal acts, young people can be exposed to extremist influences or prejudiced views, including via the internet, from an early age. As with other forms of criminality or risk of harm, early intervention is always preferable. Schools, working with other local partners, families and communities, can help support pupils who may be vulnerable as part of wider safeguarding responsibilities. Channel guidance:
	being drawn into terrorism (publishing.service.gov.uk)
Forced Marriage	UK Forced Marriage Unit <u>fmu@fco.gov.uk</u> Telephone: 020 7008 0151 Call 999 (police) in an emergency.
	www.gov.uk/stop-forced-marriage for information on Forced Marriage.
	Visit Home Office website to undertake Forced Marriage e-learning package <u>https://www.gov.uk/forcedmarriage</u> .

	GSCB one day Awareness training delivered by Infobuzz Here is a PDF assisting with Gangs and Youth Violence <u>www.gscb.org.uk</u>
	Please see 'Multi-Agency Practice Guidelines- Handling cases of Forced Marriage' for more information and detail: https://www.gov.uk/forcedmarriage. Prevention Freedom
	Charity- Aneeta Prem 'But it's not fair' book. A book for teenagers looking at forced marriage from the point of view of school friends of the girl who went to India and didn't come back. This book promotes discussion.
	www.freedomcharity.org.uk The Freedom Charity (UK charity) have a helpline, text facility and app which can be downloaded to help to provide support and protection for victims of abuse, FGM or forced marriage. They can be contacted on tel: 0845 607 0133 or text 4freedom to 88802 or go to the website to download the app from the app page.
Children with family members in prison	Approximately 200,000 children have a parent sent to prison each year. These children are at risk of poor outcomes including poverty, stigma, isolation and poor mental health.
	NICCO (<u>www.nicco.org.uk</u>) provides information to support professionals working with offenders and their children to help mitigate the negative consequences for these children.
	https://www.solgrid.org.uk/education/safeguar ding/childprotection/issues/children-family-prison/
Children Missing in Education (CME)	Children Missing Education (CME) refers to 'any child of compulsory school age who is not registered at any formally approved education activity eg school, alternative provision, elective home education, and has been out of education provision for at least 4 weeks'.

CME also includes those children who are missing (family whereabouts unknown), and are usually children who are registered on a school roll / alternative

	CME also includes those children who are missing (family whereabouts unknown), and are usually children who are registered on a school roll / alternative provision. This might be a child who is not at their last known address and either has not taken up an allocated school place as expected, or has 10 or more days of continuous absence from school without explanation, or left school suddenly and the destination is unknown.This is the link for Children Missing Education on the Worcestershire website http://www.worcestershire.gov.uk/info/20595/behaviour and attendance/293/children missing educationBabcock Prime – Educational Welfare Team: Primeedinvservice@babcockinternational.com 01905 678138
Stalking	General Advice: If it doesn't feel right it probably isn't! Seek support from trusted family/friends Report to the police and do this early Keep a diary in a secure location Screenshot emails etc and save them Photograph/video your stalker if safely possible. Get advice: Hollie Gazzard Trust, Paladin etc ITighten security; home, work and on-line National Stalking Helpline For advice and support. The helpline will operate a triage service for local support and make referrals – Phone: 0808 802 0300 Website: www.stalkinghelpline.org Email: advice@stalkinghelpline.org Paladin: National Stalking Advocacy Service For advice and referral. Phone line: 020 3866 4107

	Email: <u>info@paladinservice.co.uk</u> Website: <u>www.paladinservice.co.uk/</u>
Local Area Support	Citizen Advice Bureau Food Bank YMCA Housing contact (community housing etc) Home Start Winston's Wish Grace Kelly Childhood Cancer Trust
Early Help Resources	Early Help Offer Resources.docx